

Journal Page

- What does this story teach me about God or the gospel?
- What does this story teach me about myself?
- Are there any commands in this story to obey? How are they for God's glory and my good?
- Are there any promises in this story to remember? How do they help me trust and love God?
- How does this story help me to live on mission better?



FAMILY DISCUSSION STARTERS

- What does the Bible say our Christian battle is against? (See Ephesians 6:12.)
- What does God give us to stand strong against evil?
- How can we remember what is true about God and about ourselves?



The Armor of God

Ephesians 6:10-19

**MAIN POINT: GOD GIVES US WHAT WE NEED
TO STAND STRONG AGAINST EVIL.**

“Be strong! God is strong, and He will give you strength.” Paul wrote these words in a letter to the church at Ephesus. Paul was in prison in Rome, and he knew from experience that the Christian life was not an easy life. In fact, the Christian life is like a battle. The battle is against evil.

Paul told believers how to fight. “Put on the full armor of God,” he said. “It will help you stand up against the Devil, who is trying to trick you.”

Evil is strong, but God is stronger. These are the pieces of God’s armor:

First, truth is like a belt around our waist. We know what is true because God has told us about Himself in His Word.

Second, righteousness is like armor on our chest. God gives us righteousness when we trust in Jesus.

Third, Paul said, “Be ready with the gospel—like sandals on your feet.” We must always be ready to tell others the gospel.

Fourth, faith is like a shield. We should take it with us wherever we go to help protect ourselves from the evil one’s attacks. This evil one—the Devil—wants us to doubt God or believe what is not true. God gives us faith to help us trust in Him and obey Him.

Finally, Paul said, “Salvation is like your helmet, and God’s Word is like your sword.” A helmet protects your head. We should remember that God has saved us. A sword helps us fight off enemies. God’s Word, the Bible, is a strong sword! The Bible tells us what is true and the Holy Spirit helps us do what it says.

When we use this armor, we must remember to pray. God will show us how to be ready and how to live for Him.

Christ Connection: Paul told believers to be ready to fight a spiritual battle each and every day. People and powers who are against God will be against us too. But Jesus died and rose from the dead. He had victory over evil. We can fight the battle against evil, knowing Jesus already won the war.